

June 1, 2009

Coaches Development Program (CDP)
Coaching Philosophy and Other

Coaching Philosophy

- Why do you want to coach, and what do you hope to get out of it?
- Should write a philosophy before you start coaching, if you haven't you should.
 - o Read it before each year, go back to it in difficult times. Yes, it can and should be revised as your philosophy changes do to age and level.
- What do you want to instill in your players?

What makes a good coach?

- Good question: leader, motivator, developer, architect, accountant, communicator, doctor, nutritionist
- Think back to your coaches, who did you like and why?
- Show list of Top and Bottom 10
 - o Do you think coaches might have had an impact on some of these
- Do you show up and wing your practices, are you prepared?
 - o There is a reason to the madness
- Good Reading
 - o Seven habits of Highly successful people(?)
 - o Dean Smith, Carolina Way
 - o Coach K

Hiring Assistant Coaches

- What are your strengths as a coach, are you looking to offset your weaknesses?
- Should you hire friends?
- What demands do you place on the assistant?
 - o Do you allow them to do more than just open the door.
 - Watch NHL games these days, it seems the assistant coaches are doing more than the head coach.

Resources:

- www.usahockey.com
- www.responsiblesports.com

Links to Additional Resources:

- USA Hockey Skill Progressions for Player and Coach Development:
<http://www.usahockey.com/WorkArea/showcontent.aspx?id=247206>
- The Hockey Coach's Guide to Small-Area Games:
<http://www.usahockey.com/WorkArea/showcontent.aspx?id=247208>
- USA Hockey Team Building:
<http://www.usahockey.com/WorkArea/showcontent.aspx?id=247212>